

Seat No.: _____

Enrolment No. _____

GUJARAT TECHNOLOGICAL UNIVERSITY

BE - SEMESTER-V (NEW) EXAMINATION – WINTER 2021

Subject Code:3150005

Date:14/12/2021

Subject Name:Integrated Personality Development Course

Time:02:30 PM TO 05:00 PM

Total Marks: 70

Instructions:

1. Attempt all questions.
2. Figures to the right indicate full marks.
3. Simple and non-programmable scientific calculators are allowed.
4. There are 40 questions (in 3 sections) in this question paper.

Section A

Instructions: For each question choose ONLY ONE option and mark it on the answer sheet given to you. All questions are compulsory. Answer according to what you learnt from the IPDC lectures and workbook.

Marks: 10

1. To run an organisation, it must have faith on its people.
A: True
B: False
2. Dr Abdul Kalam's academic intelligence was the only reason for his success.
A: True
B: False
3. Social media can change our perception of the world and ourselves, but not always for the better.
A: True
B: False
4. Staying in contact is key when building your network.
A: True
B: False
5. Āryabhata Rishi mainly contributed to the field of Biology.
A: True
B: False
6. We should spend most of our time in the circle of concern.
A: True
B: False

7. The difference between who you are and who you want to be is what you believe. And that which you believe consistently is called a Habit.
A: True
B: False
8. A good listener will be able to understand how the speaker is feeling.
A: True
B: False
9. Screen time generally has a positive effect on family bonding and relationships.
A: True
B: False
10. 'Live every day as your last'. This thought allows us to prioritize our life and achieve those things that are more important sooner.
A: True
B: False

Section B

Instructions: For each question choose ONLY ONE option and mark it on the answer sheet given to you. All questions are compulsory. Answer according to what you learnt from the IPDC lectures and workbook.

Marks: 30

11. Which from of the following does NOT mean 'Listening with our body'?
- Using non-verbal cues to acknowledge that you are listening to the speaker
 - Nodding your head
 - Waving at someone at far while listening to the speaker
 - Smiling, laughing, or frowning when appropriate
12. According to the workbook, which of these does NOT lead us to failure?
- Self-doubts
 - Fear of failure
 - Finding support
 - Making excuses
13. "We owe a lot to the Indians, who taught us how to count, without which no worthwhile scientific discovery could have been made." Who said this statement?
- Ernest Rutherford
 - Guillaume Le Gentil
 - Albert Einstein
 - K. V. Sharma

14. Who told journalists that, his children have not used the iPad and he put a limit on how much technology his kids use at home?
- Mark Zuckerberg
 - Steve Jobs
 - Bill Gates
 - Tim Cook
15. Complete the following quote from the workbook: "Life is 10% what happens to us and 90% _____"
- What happens to others
 - How we feel
 - Having fun
 - How we respond to it
16. What was the ideal example of project management that was used as a case study in the lecture?
- The Taj Mahal
 - The Burj Khalifa
 - The Swaminarayan Akshardham
 - The Pyramids of Egypt
17. Complete the following quote by Winston Churchill, 'We make a living by what we get. We make a life by ____.'
- how we react
 - what we earn
 - sharing love
 - what we give
18. Which of the following is NOT a key factor of Active Listening?
- Listening with our ears
 - Listening with our eyes and body
 - Listening with our mind and heart
 - Listening with our opinion
19. How do habits form?
- Cue-> routine-> reward
 - Practice -> perfect practice -> reward
 - Learn -> practice -> success
 - Learn -> patience -> success
20. During the 1999 ICC World Cup, Sachin Tendulkar's passed away, at that time he ____.
- Become emotionally unstable.
 - Was unable to continue playing the world cup.
 - Refused to attend his father's final rites and continued to play cricket.
 - Maintained balance of mind.

21. According to the IPDC workbook, family get-togethers should take place at least:
- Once every week
 - Once every month
 - Once every year
 - Once every 2 years
22. Due to which one of the following reasons did Arunima Sinha lose her leg?
- Car ran over her leg
 - Train crushed her leg
 - Her leg got stuck in factory machine
 - She developed cancer in her leg
23. Which of these is NOT one of the 6 powerful thoughts?
- Whatever happens, happens for the best
 - What am I grateful for?
 - How can I get people to like me?
 - Am I giving my 100%?
24. Management, in any field, brings forth which of the following?
- Optimal results with minimal effort
 - Minimal results with optimal efforts.
 - Hard work with no results
 - No work with no results
25. Change begins, simply, with ___?
- Talent
 - An action
 - Effort
 - A thought

Section C

Instructions: For each question choose ONLY ONE option and mark it on the answer sheet given to you. All questions are compulsory. Read each question carefully before answering. Apply what you have learnt from the IPDC lectures and workbook to choose the best option.

Marks: 30

26. Pranav wants to develop a habit of working out in the morning. But when he wakes up in the morning, he often forgets and ends up going back to sleep. What do you think is the best solution for him?
- He should create a positive cue, by keeping his gym clothes on his bed so he remembers straight away.
 - He should keep a flexible schedule. If he forgets, then he should go in the evening instead.

27. Saurabh got into a habit of betting on national cricket matches. But unfortunately today, he lost a lot of money. As he is just studying in college, he has no earnings and the money he lost is beyond his pocket money. He already got caught once by his father while betting and his father is quite against it. How should Saurabh come out of this trouble?
- Saurabh should ask his close friend Niraj and borrow the money from him and decide to stop betting for a while. Also, he should put a heavy cut on his pocket money, so he can give that money back to Niraj within a few months. And at the same time, he should not let this blunder be known to his family. They will only worry about him unnecessarily
 - Saurabh should trust that his parents will understand him as they did while he was a child and have been doing till now. He should talk to his father and confess this mistake, even though his father may scold him and make him promise to stop betting completely.
28. A group of students are developing an innovative product to reduce car pollution. While observing them working you get a unique idea that will be useful in the development of their product. What should you do?
- Share your idea with them and develop a network with them. All of you should work together to implement your idea in their project to make it more successful.
 - You should try to work more on your idea and develop a prototype by yourself with your limited resources.
29. Shreya is studying hard for her upcoming exams but keeps getting distracted by her phone notifications. She wants to remain focused but also does not want to miss out on the latest conversations with her friends. What should she do?
- Change her status to 'do not disturb', so that her friends only know to contact her if they have something really interesting to share.
 - Put her phone on silent and out-of-sight until she has finished studying.
30. Jenish works as a computer engineer for an upcoming technology company. His manager has set him the task to update an important function for a developing product. From the requirements given by the manager, Jenish predicts him that it will take him at least 10 days to finish it. But his manager has challenged him to complete it in 4 days. How should Jenish react to such a request?
- Jenish should tell the manager that 4 days is impossible, but he will deliver it in 10 days.
 - Jenish should meet his manager's challenge and try his hardest to try and complete it in 4 days.
31. You have organised an online quiz. Students across your state have registered for this quiz in huge numbers. You and the participants are excited to take part. But just before the quiz, the server crashes due to a technical fault. What would you do?
- You will immediately report this error to the principal and ask a technical person to provide a solution. Till then you will postpone the quiz.
 - You will cancel the quiz because you doubt the capacity of the server. In the future, you will conduct the quiz with limited capacity.

32. Deepa is currently studying law at a world-renowned college in America. She has been asked to deliver a speech about gender equality at a regional student convention. Deepa is passionate about her subject, but she is worried that the audience members will quietly mock her Indian accent and origin. She is mostly prepared for her speech, but with 3 days to go, this worry is still playing in her mind. What should she do?
- Deepa should use these last few days to try and adopt a more American accent.
 - Deepa should focus on channelling her passion to her audience.
33. Mr. Honda is the CEO of a clothing manufacturing company. Over the last two years, Mr. Honda has successfully opened 18 new factories around India. Today, he has a review meeting with his clients in Mumbai. Just as he was about to board his flight, he receives news of an accident in one of his nearby factories. One of the machines temporary malfunctioned, injuring 15-20 of his workers. What should Mr. Honda do?
- Mr. Honda should reschedule his meeting and visit the factory to personally provide emotional and financial support to his workers according to their needs.
 - Mr. Honda should inform the manager to give the workers a financial package for their troubles and then continue to his meeting.
34. After being stuck in quarantine for 6 months, Manohar has not been able to take his usual journey to college. For the last 6 months, his usual routine consists of waking up at 11am, watching a movie, taking a nap, and then studying through the whole night while eating the fast food that he ordered online. Unfortunately, despite his hard efforts, he is finding it harder to concentrate while studying and he is feeling more tired than usual. Manohar explains his confusion to you, what do you think is the best way to advise him?
- Do not worry, you are genuinely trying your best. Once college opens again, everything will go back to normal and you will see the fruit of your hard effort.
 - Do not worry, you are trying your best. But you should consider exercising and eating healthier. You know what they say, a healthy body makes a healthy mind.
35. There is an annual appraisal at Pratik's company. If the manager thinks Pratik's work is outstanding, then he has a good chance of getting promoted. However, his colleague and friend, Harsh, is requesting Pratik's help with his project. During this competitive period, Pratik is wondering how much time he should commit to Harsh. What do you think Pratik should do?
- Pratik should give Harsh a quick explanation and inform him where to find some more information online.
 - Pratik should spend time advising Harsh in detail, until Harsh feels satisfied that he has clear direction.
36. Riya has been invited to this year's National Youth Summit. As a medical student, she has been asked about to prepare her view on the future of India and its medical practitioners. She is trying to decide which message she should convey. What do you think is best option?
- Youths should contribute to India by becoming doctors. Being a doctor means you can become wealthy and reputable.
 - Youths should contribute to India by becoming doctors. Being a doctor means you can serve your country by helping its citizens.

37. Jatin is an assistant manager at a consultancy firm. He wants to know what role faith plays in a professional team. From what you learnt during the IPDC lectures, what is the best way to advise him?
- Faith can encourage each worker to become more confident and personally excel. Therefore they can stand out from their colleagues.
 - Colleagues and managers need faith in each other to productively work together to reach new heights. Without this disharmony and selfish motives can arise.
38. Samir is a 4th year engineering student. This year many companies visited his college for campus placement. He worked hard to prepare for his interview with his dream company, yet he was still not selected. What should Samir do now?
- He should find the placement officer and request him to ask the company executive to reconsider the interview.
 - Samir should analyse the interview and find the reasons of his non-selection. He should then try to improve those weak points and prepare himself for his next interviews.
39. Keval and his friends volunteer by cleaning the local beach every Saturday. He enjoys his seva a lot. However one time, a few tourists mocked and insulted Keval for picking up trash. This incident hurt Keval, and he is reconsidering his seva. What do you think is the best option for Keval?
- Keval should request the leader for a seva inside the recycling unit, that way he can continue doing seva and avoid criticism from the public.
 - Keval should remember that seva should be performed without the the expectation of praise. He should stay positive and continue cleaning the beach.
40. Chintan's younger sister, Trupti, is describing a recent story she wrote for her English essay. But as usual she is taking a lot of time by describing every detail. Chintan is feeling impatient by her story and is trying to figure a way to ease his boredom. What should he do?
- Chintan should try to understand and appreciate how hard Trupti has worked in creating this story and should find joy in this.
 - Chintan should use his intelligence to guess the rest of the story. By carefully inputting his guesses into the conversation, he can finish the story quicker and leave.
